

CENTRAL LINCOLN COUNTY YMCA

SEPTEMBER GYMNASIUM SCHEDULE

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY		
BB Court 1	BB Court 2	BB Court 1	BB Court 2	BB Court 1	BB Court 2	BB Court 1	BB Court 2	BB Court 1	BB Court 2	BB Court 1	BB Court 2	BB Court 1/2		
OPEN GYM 5 - 8am		OPEN GYM 5 - 8am		OPEN GYM 5 - 8am		OPEN GYM 5 - 8am		OPEN GYM 5 - 8am						
LIVING FIT 8:00-9:00am		GSB PE PROGRAM 8:00am - 2:30pm		LIVING FIT 8-9:00am		GSB PE PROGRAM 8:00am - 2:30pm		LIVING FIT 8-9:00am		ADULT PICKUP PICKLEBALL 8:00-10:00am		ULTIMATE BOOTCAMP 9-10:30am		
ADULT PICKUP PICKLEBALL 9:15-10:15am				ADULT PICKUP PICKLEBALL 9:15-10:15am				ADULT PICKUP PICKLEBALL 9:15-10:15am						
ENHANCE FITNESS 10:30-11:30am				ENHANCE FITNESS 10:30-11:30am				ENHANCE FITNESS 10:30-11:30am		OPEN GYM 10:00-12:00pm			PICKUP PICKLEBALL 10:00-12:00pm	
ADULT PICKUP PICKLEBALL 11:30-12:30pm				ADULT PICKUP PICKLEBALL 11:30-12:30pm				ADULT PICKUP PICKLEBALL 11:30-12:30pm						
ADULT PICKUP BASKETBALL 12:30-2:00pm				ADULT PICKUP BASKETBALL 12:30-2:00pm				ADULT PICKUP BASKETBALL 12:30-2:00pm		ADULT PICKUP BASKETBALL 12:30-2:00pm			ADULT PICKUP BASKETBALL 12:30-2:00pm	
TEEN PICKUP B-BALL 2:00-5:30pm		YOUTH PROGRAM 2:00-5:30pm		TEEN PICKUP B-BALL 2:00-5:30pm		YOUTH PROGRAM 2:00-5:30pm		TEEN PICKUP B-BALL 2:00-5:30pm		YOUTH PROGRAM 2:00-5:30pm				
FAMILY TIME 5:30-6:30pm		FAMILY TIME 5:30-6:30pm		FAMILY TIME 5:30-6:30pm		FAMILY TIME 5:30-6:30pm		FAMILY TIME 5:30-6:30pm						
ADULT PICKUP BASKETBALL 6:30-8:00pm		FAMILY GYM TIME 6:00-8:00pm		ADULT PICKUP BASKETBALL 6:30-8:00pm		FAMILY GYM TIME 6:00-8:00pm		ADULT PICKUP BASKETBALL 6:30-8:00pm						

GYMNASIUM Schedules are subject to change without notice.

OPEN GYM can be split into both courts and can be used for basketball, pickleball, soccer or general playtime. Please be considerate of others.

**Equipment may be available at the front desk for sign out.

YOUTH PROGRAMS ON COURTS
In the event of a thunderstorm or rain, Court 2 of the gymnasium will be used as a safe space for kids. Please note this will take precedence over all other programs.

EVENTS IN SEPTEMBER:
Thur, September 26th: Red Cross Blood Drive (Court 2)