

CENTRAL LINCOLN COUNTY YMCA

OCTOBER GYMNASIUM SCHEDULE

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
BB Court 1	BB Court 2	BB Court 1	BB Court 2	BB Court 1	BB Court 2	BB Court 1	BB Court 2	BB Court 1	BB Court 2	BB Court 1	BB Court 2	BB Court 1/2	
OPEN GYM 5-7:45am		OPEN GYM 5-8am		OPEN GYM 5-7:45am		OPEN GYM 5-8am		OPEN GYM 5-7:45am		OPEN GYM 7am-4pm			
Living Fit 7:45-9:00am		GSB PE PROGRAM 8am-2:30pm		LIVING FIT 7:45-9am		GSB PE PROGRAM 8am-2:30pm		LIVING FIT 7:45-9am					
Zumba Gold 9:15-10:15am				ADULT PICKUP PICKLEBALL 9:15-10:15am				ADULT PICKUP PICKLEBALL 9:15-10:15am					
ENHANCE FITNESS 10:30-11:30am				ENHANCE FITNESS 10:15-11:30am				ENHANCE FITNESS 10:15-11:30am					
ADULT PICKUP PICKLEBALL 11:30-12:30pm				ADULT PICKUP PICKLEBALL 11:30-12:30pm				FAMILY GYM TIME 11:30-12:30pm				MORE PICKLE BALL	OPEN GYM 9am-1pm (Starting Oct 19th)
ADULT PICKUP BASKETBALL 12:30-2:30pm				ADULT PICKUP BASKETBALL 12:30-2:30pm				ADULT PICKUP BASKETBALL 12:30-2:30pm					
TEEN OPEN GYM 2:30- 5:30pm	YOUTH PROGRAM 2:30-5:30 PM	TEEN OPEN GYM 2:30-5:30pm	YOUTH PROGRAM 2:30-5:30 PM	TEEN OPEN GYM 2:30-4:45pm	YOUTH PROGRAM 2:30-5:30 PM	TEEN OPEN GYM 2:30-5:00pm	YOUTH PROGRAM 2:30-5:30 PM	TEEN OPEN GYM 2:30-5:30pm	YOUTH PROGRAM 2:30-5:30 PM	GYMNASIUM Schedules a subject to change without n OPEN GYM can be split into courts and can be used for basketball, pickleball, soccer general playtime. Please considerate of others. **Equipment may be available the front desk for sign out			
OPEN GYM 5:30-7pm		OPEN GYM 5:30-8pm		TEEN VOLLEYBALL 4:45-5:30	Adult Pickup Soccer 5:45-7pm	ADULT DROP-IN VOLLEYBALL 5-6PM	OPEN GYM 5:30-8pm	OPEN GYM 5:30-7pm					
				ADULT PICKUP BASKETBALL 7-8pm		ADULT PICKUP BASKETBALL 7-8pm							
ADULT PICKUP BASKETBALL 7-8pm													

Gymnasium Closed
Friday, October 10

GYMNASIUM Schedules are subject to change without notice.

OPEN GYM can be split into both courts and can be used for basketball, pickleball, soccer or general playtime. Please be considerate of others.

**Equipment may be available at the front desk for sign out.

Gymnasium Closed
Friday, October 10 at
4:00 PM
through Saturday,
October 11 (all day)

EVENTS IN OCTOBER:
Sundays, May 25th- Oct 12th Closed
Monday, October 13th: Indigenous Peoples Day (Closed)
Thursday, October 23rd: Blood Drive