

# CENTRAL LINCOLN COUNTY YMCA

## AUGUST GYMNASIUM SCHEDULE

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY		
BB Court 1	BB Court 2	BB Court 1	BB Court 2	BB Court 1	BB Court 2	BB Court 1	BB Court 2	BB Court 1	BB Court 2	BB Court 1	BB Court 2	BB Court 1/2		
OPEN GYM 5-7:30am		OPEN GYM 5-7:30am		OPEN GYM 5-7:30am		OPEN GYM 5-7:30am		OPEN GYM 5-7:30am		OPEN GYM 7am-4pm				
LIVING FIT 7:30-9:00am		OPEN GYM 7:30-4pm		LIVING FIT 7:30-9am		OPEN GYM 7:30-5pm		LIVING FIT 7:30-9am						
ADULT PICKUP PICKLEBALL 9:15-10:15am				ADULT PICKUP PICKLEBALL 9:15-10:15am				ADULT PICKUP PICKLEBALL 9:15-10:15am						
ENHANCE FITNESS 10:15-11:30am				ENHANCE FITNESS 10:15-11:30am				ENHANCE FITNESS 10:15-11:30am						
ADULT PICKUP PICKLEBALL 11:30-12:30pm				ADULT PICKUP PICKLEBALL 11:30-12:30pm				FAMILY GYM TIME 11:30-12:30pm				MORE PICKLE BALL		
ADULT PICKUP BASKETBALL 12:30-2:30pm				ADULT PICKUP BASKETBALL 12:30-2:30pm				ADULT PICKUP BASKETBALL 12:30-2:30pm						
TEEN OPEN GYM 2:30- 5:30pm		TEEN OPEN GYM 2:30-5:30pm		Teen Volleyball 4-5pm		TEEN OPEN GYM 2:30-5:30pm		TEEN OPEN GYM 2:30-5:30pm				GYMNASIUM Schedules are subject to change without notice.  OPEN GYM can be split into both courts and can be used for basketball, pickleball, soccer or general playtime. Please be considerate of others.  **Equipment may be available at the front desk for sign out.		
OPEN GYM 2:30-7pm		OPEN GYM 5-8pm		TEEN OPEN GYM 2:30-5:30pm		TEEN OPEN GYM 2:30-5:30pm		TEEN OPEN GYM 2:30-5:30pm						
				Adult Volleyball 6pm		ADULT PICKUP BASKETBALL 7-8pm		ADULT PICKUP BASKETBALL 7-8pm						
				ADULT PICKUP BASKETBALL 7-8pm		ADULT PICKUP BASKETBALL 7-8pm		ADULT PICKUP BASKETBALL 7-8pm						

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\*\*Equipment may be available at the front desk for sign out.

EVENTS IN JUNE:  
Sundays, May 25th- Oct 12th Closed  
Wednesday, August 13th, Back to School Bash  
Thursday, August, 28th: Blood Drive

FOR MORE INFORMATION VISIT THE CLC YMCA at [www.clcymca.org](http://www.clcymca.org)